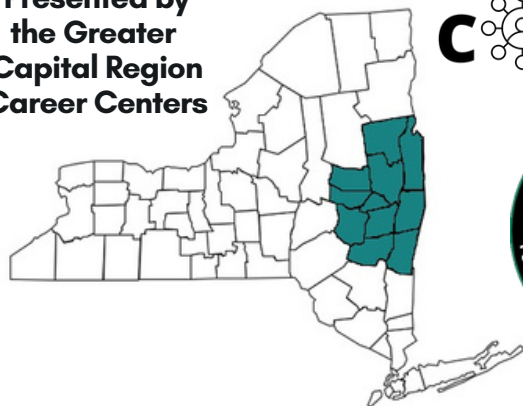


# Greater Capital Region Career Centers

## JULY 2023 Virtual Workshops

	Monday	Tuesday	Wednesday	Thursday	Friday
3-7			<b>10am</b> <u>Resume Development</u>	<b>11am</b> <u>Transferable Skills</u>	
10-14		<b>10:30am</b> <u>Interview Preparation</u>	<b>10am</b> <u>Goal Setting</u>		
17-21				<b>11am</b> <u>Completing Job Apps</u>	
24-28		<b>11am</b> <u>Overcoming Barriers</u>		<b>1:30pm</b> <u>Social Media</u>	

Presented by  
the Greater  
Capital Region  
Career Centers





# Greater Capital Region Career Centers JULY 2023 Virtual Workshops

## Transferable Skills - <https://bit.ly/GCR2Skills>

Transferable skills are qualities you have already acquired which can be used in a different job. Make it easy for employers to see the connection between your qualities and the skillset needed to do the job and market yourself as the solution to an employer's problem. Learn ways to research the employer's needs then identify and show them that you have these skills.

*July 6th at 11am: Facilitated by Warren and Albany*



## Resume Development - <https://bit.ly/GCR2Resumes>

Your resume and cover letter are crucial components that can set you apart from other candidates when applying for a job. This workshop will present the basics of a powerful and effective cover letter including formatting, tailoring to the job, and getting through the online application process to land an interview. \*Please bring a rough draft of your resume\*

*July 5th at 10am: Facilitated by Rensselaer and Columbia-Greene*



## Interview Preparation - <https://bit.ly/2023GCRInterview>

A job interview is the opportunity for an employer to see if you are a good fit for the position and the company - and it's a chance for you to see if they fit your needs as well. This workshop will discuss how to articulate your strengths, what questions to expect, how to address difficult topics, and acing the entire interviewing process.

*July 11th at 10:30am: Facilitated by Schenectady*



## Goal Setting - <https://bit.ly/GCR2GoalSetting>

Goals are what take us forward in life. They are the first step to every journey we take. In this workshop we will explain how goal setting works, why goals are important, and take home more helpful resources to get you started. Remember: "if you aim for nothing, you'll hit it every time." Find out how to reach your dreams.

*July 12th at 10am: Facilitated by Washington and Albany*



## Completing Job Apps - <https://bit.ly/GCR2JobApps>

Statistics show that approximately 50% of mid-sized companies and almost all large corporations use an applicant tracking system (ATS) to screen candidates for job opportunities. Find out how you can prepare and hear suggestions for getting the most visibility out of your online application.

*July 20th at 11am: Facilitated by Warren and Washington*



## Social Media - <https://bit.ly/GCRSocialMedia>

Your social media presence can make or break your ability to find a job. Don't let your digital footprint hold you back.

Learn how to use social media to your advantage in searching for a job and marketing yourself to land the job or career you've always wanted.

*July 27th at 1:30pm: Facilitated by Schenectady*



## Overcoming Barriers - <https://bit.ly/GCR2Barriers>

Join us for this informal glimpse into potential stumbling blocks to finding a job and some resources and strategies to help you meet your goals. Whether you're facing transportation needs, childcare needs, prior justice system involvement, inexperience, health concerns, or more - we're here to help connect you to resources!

*July 25th at 11am: Facilitated by Saratoga and Fulton-Montgomery-Schoharie*

