

If you need help buying food, SNAP can help.



SNAP provides monthly benefits to spend at local grocery stores. **You can get and use SNAP while keeping a safe distance from other people:**

- **Apply for SNAP online at www.MyBenefits.ny.gov**
- Everything you need to do to apply for and receive benefits can be done from home by phone or online—no need to visit a local social service office.
- Use SNAP to purchase food at local grocery stores.
- Shop for food using SNAP benefits online and have groceries delivered or picked up at:
 - Amazon—*available statewide*
 - Walmart and ShopRite—*available in some zip codes (see their websites)*

Help is available:

If you need help applying for SNAP, call or email a Nutrition Outreach and Education Program (NOEP) Coordinator. NOEP Coordinators tell you if you may be eligible for SNAP, answer any questions you may have, and help you complete and submit your application. It is free and confidential.

Find your local NOEP Coordinator at FoodHelpNY.org, or use the list on the back of this flyer.



HungerSolutionsNY.org

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This institution is an equal opportunity provider.

New York City

| New York City by Borough | NOEP Agency Name | Phone Number |
|------------------------------------|---|---------------------|
| All Boroughs | Center for Independence of the Disabled, New York | 646-849-8077 |
| All Boroughs | Chinese-American Planning Council, Inc. | 212-941-0030 x 213 |
| All Boroughs | Food Bank For New York City | 212-566-7855 x8074 |
| All Boroughs | Urban Justice Center | 718-960-3393 |
| Brooklyn | CAMBA, Inc. | 718-287-0010 |
| Brooklyn | Edith and Carl Marks Jewish Community House of Bensonhurst | 718-331-6800 x137 |
| Brooklyn | Metropolitan Council on Jewish Poverty | 347-880-2922 |
| Brooklyn | Nachas Health & Family Network, Inc. | 718-436-7373 x16 |
| Brooklyn, Bronx, Manhattan, Queens | Hunger Free America | 646-865-0769 |
| Bronx | Mosholu Montefiore Community Center, Inc. | 718-882-4000 x304 |
| Bronx | Part of the Solution (POTS) | 646-673-6479 |
| Bronx, Manhattan | West Side Campaign Against Hunger/West Side Center for Community Life | 917-837-5663 |
| Manhattan | Apicha Community Health Center | 646-744-0993 |
| Manhattan | Lenox Hill Neighborhood House | 212-218-0431 |
| Queens | Jewish Community Council of the Rockaway Peninsula | 718-327-7755 x6127 |
| Queens | Queens Legal Services Corporation | 347-592-2206 |

Rest of State

| Rest of State by County | NOEP Agency Name | Phone Number |
|--------------------------------|---|---------------------|
| Albany | Legal Aid Society of Northeastern New York, Inc. | 518-462-6765 x327 |
| Allegany | Cattaraugus Community Action, Inc. | 585-307-0549 |
| Broome | Family Enrichment Network, Inc. | 607-723-8313 x827 |
| Cattaraugus | Cattaraugus Community Action, Inc. | 716-945-1041 x118 |
| Chautauqua | Cattaraugus Community Action, Inc. | 716-244-7337 |
| Chemung | Food Bank of the Southern Tier | 607-796-5592 |
| Chenango | Catholic Charities of Chenango County | 607-336-7897 x 328 |
| Clinton | Legal Aid Society of Northeastern New York, Inc. | 518-563-4022 x112 |
| Columbia | Catholic Charities of Columbia and Greene Counties | 518-828-8660 x128 |
| Cortland | Cortland County Community Action Program | 607-745-7240 |
| Delaware | Delaware Opportunities Inc. | 607-746-1670 |
| Dutchess | Hudson Valley Community Services, Inc. | 845-360-9722 |
| Erie | Food For All, a program of the Network of Religious Communities | 716-364-7573 |
| Franklin | Massena Independent Living Center | 518-483-2151 |
| Fulton | Legal Aid Society of Northeastern New York, Inc. | 518-810-9081 |
| Genesee | Food For All, a program of the Network of Religious Communities | 585-815-5721 |
| Greene | Catholic Charities of Columbia and Greene Counties | 518-943-1462 x1 |
| Herkimer | Catholic Charities of Herkimer County | 315-894-9917 x235 |
| Jefferson | Community Action Planning Council of Jefferson County, Inc. | 315-955-9319 |
| Livingston | Legal Assistance of Western New York, Inc. | 585-572-1714 |
| Madison | Mohawk Valley Community Action Agency, Inc. | 315-624-9930 x2609 |
| Monroe | Legal Assistance of Western New York, Inc. | 585-295-5624 |
| Montgomery | Legal Aid Society of Northeastern New York, Inc. | 518-842-9466 x225 |
| Nassau | Catholic Charities of the Diocese of Rockville Centre, Inc. | 516-317-1929 |
| Nassau | Health and Welfare Council of Long Island | 516-505-4431 |
| Niagara | Niagara Community Action Program, Inc. | 716-439-1322 |
| Oneida | Mohawk Valley Community Action Agency, Inc. | 315-624-9930 x2387 |
| Onondaga | Food Bank of Central New York | 315-437-1899 x224 |
| Ontario | Legal Assistance of Western New York, Inc. | 315-781-1465 |
| Orange | Hudson Valley Community Services, Inc. | 914-606-1360 |
| Otsego | Catholic Charities of Delaware, Otsego and Schoharie Counties | 607-432-0061 x112 |
| Putnam | Catholic Charities Community Services, Archdiocese of New York | 917-275-5459 |
| Rensselaer | Unity House of Troy, Inc. | 518-274-2607 x4108 |
| Rockland | Catholic Charities Community Services of Rockland | 917-828-4505 |
| Saratoga | Legal Aid Society of Northeastern New York, Inc. | 518-587-5188 x412 |
| Schenectady | Catholic Charities Tri-County Services | 518-374-2427 |
| Schuyler | Catholic Charities of Chemung & Schuyler | 607-535-2050 x208 |
| Seneca | Legal Assistance of Western New York, Inc. | 315-781-1465 |
| St. Lawrence | Massena Independent Living Center | 315-764-9442 x405 |
| Steuben | Catholic Charities of Steuben County | 607-329-4387 |
| Suffolk | Catholic Charities of the Diocese of Rockville Centre, Inc. | 631-258-1461 |
| Suffolk | Health and Welfare Council of Long Island | 516-505-4425 |
| Sullivan | Hudson Valley Community Services, Inc. | 845-842-1232 |
| Tioga | Catholic Charities of Tompkins & Tioga | 607-272-5062 x305 |
| Tompkins | Catholic Charities of Tompkins & Tioga | 607-272-5062 x21 |
| Ulster | Hudson Valley Community Services, Inc. | 845-579-2558 |
| Warren | Catholic Charities of Saratoga, Warren and Washington Counties | 518-793-6212 |
| Washington | Legal Aid Society of Northeastern New York, Inc. | 518-587-5188 x408 |
| Wayne | Legal Assistance of Western New York, Inc. | 315-781-1465 |
| Westchester | Catholic Charities Community Services, Archdiocese of New York | 914-476-2700 x212 |
| Wyoming | Food For All, a program of the Network of Religious Communities | 585-456-4224 |
| Yates | Pro Action of Steuben and Yates, Inc. | 315-313-2536 |